



## School Committee

### DRAFT MINUTES OF THE CHELSEA SCHOOL COMMITTEE MEETING

January 9, 2014

**Approved February 6, 2014**

The Chelsea School Committee met on Thursday, January 9, 2014 in the City Council Chambers, City Hall, 500 Broadway, Chelsea.

**Members Present:** Ed Ells, Rosemarie Carlisle, Lucia Henriquez, Ana Hernandez, Charles Klauder, Lisa Lineweaver, Shawn O'Regan, Carlos Rodriguez, and Jeanette Velez

**Also Present:** Superintendent of Schools Dr. Mary M. Bourque, Assistant Superintendent Linda Breau, Executive Director for Administration and Finance Gerry McCue and Clerk to the School Committee Barbara Martin.

**The meeting was called to order at 7:00p.m.**

#### **Pledge of Allegiance:**

Under a suspension of the rules Mr. Ells made a motion to open the Organizational Meeting.

Senior Member Rosemarie Carlisle asked the clerk to establish the seating order Members drew numbers. The drawing results were as follows:

Seat 1	Ana Hernandez
Seat 2	Shawn O'Regan
Seat 3	Jeanette Velez
Seat 4	Charles Klauder
Seat 5	Lucia Henriquez
Seat 6	Edward Ells
Seat 7	Lisa Lineweaver
Seat 8	Carlos Rodriguez

Seat 9	Rosemarie Carlisle
--------	--------------------

Next, Senior Member Rosemarie Carlisle asked the clerk to establish order of roll call. School Committee clerk, Barbara Martin called the roll and declared a quorum for voting purposes.

The drawing results were as follows:

1	Rosemarie Carlisle
2	Shawn O'Regan
3	Ana Hernandez
4	Jeanette Velez
5	Carlos Rodriguez
6	Charles Klauder
7	Edward Ells
8	Lisa Lineweaver
9	Lucia Henriquez

Mrs. Carlisle invited nominations for Chairman of the Chelsea School Committee for 2014. Mr. Ells nominated Jeanette Velez. As there were no further nominations, Mrs. Carlisle declared nominations closed.

By a roll call vote Ms. Velez was elected Chairman. Assistant City Clerk Patricia Lewis administered the oath of office to the newly elected Chairman.

Ms. Velez invited nominations for Vice-Chairman of the Chelsea School Committee for 2014. Mrs. Carlisle nominated Carlos Rodriguez. As there were no further nominations, Ms. Velez declared nominations closed.

By a roll call vote Mr. Rodriguez was elected Vice-Chairman. Assistant City Clerk Patricia Lewis administered the oath of office to the newly elected Vice- Chairman.

Ms. Velez invited nominations for Delegate to the Chelsea City Council. Mr. Rodriguez nominated Rosemarie Carlisle. As there were no further nominations, Ms. Velez declared nominations closed.

By a roll call vote Mrs. Carlisle was elected School Committee Delegate to the Chelsea City Council. Assistant City Clerk Patricia Lewis administered the oath of office to the new Delegate to the City Council.

Ms. Velez invited nominations for Delegate to Shore Educational Collaborative. Mrs. Carlisle nominated Charles Klauder. As there were no further nominations, Ms. Velez declared nominations closed.

By a roll call vote Mr. Klauder was elected School Committee Delegate to Shore Educational Collaborative. Assistant City Clerk Patricia Lewis administered the oath of office to the new Delegate to the City Council.

**Adoption of Rules** - Ms. Velez made the following motion: To continue with the rules for 2013 until such time as the subcommittee recommends otherwise. On a voice vote the Committee unanimously voted in favor of continuing with the rules for 2013 until such time as the Policy & Procedures Subcommittee recommends otherwise.

At this time Chairman Velez presented a plaque to outgoing Chairman Edward Ells. A Certificate of Appreciation to Rosemarie Carlisle outgoing Vice Chairman, a Certificate of Appreciation to Charles Klauder as the 2013 Delegate to the Chelsea City Council and a Certificate of Appreciation to Lisa Lineweaver as the 2013 Delegate to Shore Educational Collaborative.

Chairman Velez announced that in accordance with the adopted rules, she is designating four working subcommittees of the Committee for 2014: Budget & Finance, Policies & Procedures, Human Resources, and Curriculum & Instruction. Ms. Velez asked that members submit their subcommittee preferences to Barbara Martin.

In accord with School Committee practice, any member may attend any subcommittee meeting—all of which are public meetings—and may vote on any matters upon which the subcommittee decides to act.

The obligation of the appointed members will be to attend subcommittee meetings and report back to the full School Committee. The Chairperson sits ex officio on all subcommittees.

At this time Chairman Velez called for a five minute recess.

Chairman Velez reconvened the meeting at 7:25 pm

**School Committee Minutes:** The minutes of the December 5, 2013 School Committee Meeting were unanimously approved.

**Public Comment:** Dr. Bourque welcomed Melissa Dimond and Hannah Finnigan from MGH-Chelsea to report on the Wellness Committee. A copy of the presentation is enclosed and forms a part of these minutes. Questions and discussion ensued.

#### **Report of the Superintendent of Schools:**

**Student Achievement:** Superintendent Mary Bourque called upon Assistant Superintendent Linda Breau to report on student achievement. Mrs. Breau discussed the District Indicators of Success.

Indicator 1-Attendance was 94.4% for December, slightly above last year-to-date of 94.2%

Indicator 2- Annual dropout rate showed that 39 students have withdrawn between July 1, 2013 and December 31, 2013; down three students from last year to date.

Indicator 10- Student Mobility is 9.1% year to date, down 4.5% compared to last year at this time.

A copy of this report is enclosed and forms a part of these minutes.

**Personnel Report:** Dr. Bourque commended the personnel report to the record.

**Enrollment Report:** Dr. Bourque commended the enrollment report to the record. As of December 2, 2013 the district-wide enrollment was 6, 218 students, including 128 students in out-of-district placements. In addition, there are 5 Chapter 768 students for whom the district has financial responsibility.

**Announcements:**  
1-14-14 Early Release Day Pre K-Grade 8  
1-20-14 Martin Luther King Day - No School  
1-20-14 MLK Day Celebration- Chelsea High School  
1-24-14 Report Cards

#### **Committee Reports:**

- **Budget & Finance:** Ms. Lineweaver reported that the subcommittee last met on December 19, 2013. A copy of the report is attached and forms a part of these minutes.
- **Human Resources:** Mr. Ells reported that the subcommittee last met on December 12, 2013. A copy of the report is attached and forms a part of these minutes.
- **Student Representative:** Ms. Torrento reported that students were happy to have two additional vacation day due to the snow storm, but are now back and preparing for mid-term exams. Ms. Torrento also reported that candidates for governor Juliette Kayyem and Charlie Baker recently spoke at Chelsea High School as did City Manager Jay Ash.

#### **New Business:**

- Ms. Lineweaver moved to accept grants totaling \$4,102.57 from private donors at DonorsChoose.com.  
Chairman Velez called for a roll call.

Rosemarie Carlisle	Y
Shawn O'Regan	Y
Ana Hernandez	Y
Jeanette Velez	Y

Carlos Rodriguez	Y
Charles Klauder	Y
Edward Ells	Y
Lisa Lineweaver	Y
Lucia Henriquez	Y

Having nine votes in the affirmative the motion was approved.

- Ms. Lineweaver moved to approve the following budget transfers:

\$2,600.00 from Contracted Services Networking-Building & Grounds line to Networking Technology line.

\$7,500.00 (\$2,500.00) from Hooks Instructional Supply line and (\$5,000.00) Hooks Textbook line to Computer Education Equipment District-wide line. Chairman Velez called for a roll call.

Rosemarie Carlisle	Y
Shawn O'Regan	Y
Ana Hernandez	Y
Jeanette Velez	Y
Carlos Rodriguez	Y
Charles Klauder	Y
Edward Ells	Y
Lisa Lineweaver	Y
Lucia Henriquez	Y

Having nine votes in the affirmative the motion was approved.

- Mr. Klauder moved to approve the home schooling petition of the Ybarra Family for their child Javier grade 2.

On a voice vote the motion carried unanimously

**Communications:** The following communications were accepted and filed:

Secretary of Education Matthew Malone  
 DESE –MFLC Coordinator Kathy Rodriguez  
 Family Literacy Day Chair Margo Johnson  
 Chelsea Chamber of Commerce Brighter Holidays  
 MLK Steering Committee Chair Rev. Sandra Whitley  
 Centro Latino

Time Line-Pre K and Kindergarten Registration

**Adjournment:** The meeting adjourned at 8:45 p.m.

**Recorded by**



**Barbara A. Martin**

**Business Manager**

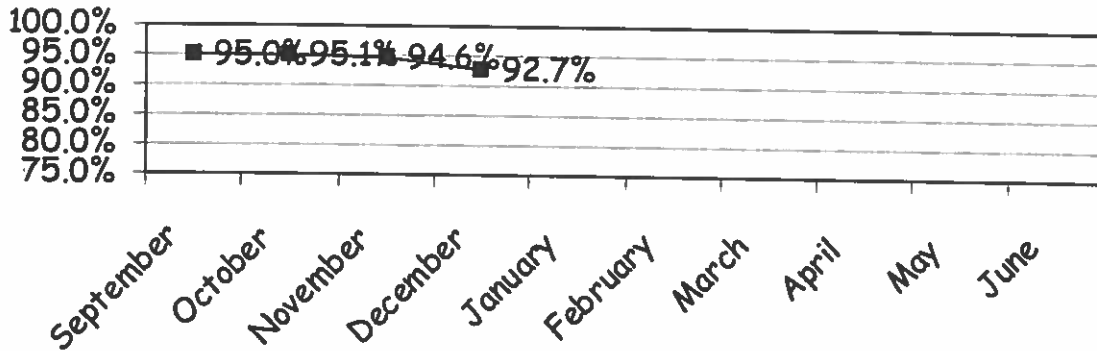
**Clerk to the Chelsea School Committee**

## Indicators for Success Dec 2013

**Indicator 1: District-wide daily students' attendance rate will be 95%.  
(Report monthly)**

	Sept	October	November	December		January	February	March	April	May	June
	Month	Month	Month	Month	YTD	Month	Month	Month	Month	Month	Month
Grade 1	94.7%	96.1%	95.4%	94.5%	95.3%						
Grade 2	96.7%	96.8%	96.1%	95.3%	96.4%						
Grade 3	96.6%	96.8%	96.0%	94.6%	96.1%						
Grade 4	96.4%	97.0%	96.5%	94.9%	96.4%						
Grade 5	96.7%	97.1%	97.2%	95.4%	96.6%						
Grade 6	96.0%	96.5%	95.7%	93.8%	95.7%						
Grade 7	96.0%	96.2%	95.2%	93.7%	95.4%						
Grade 8	95.7%	95.6%	95.1%	93.2%	95.1%						
Grade 9	91.8%	90.3%	91.7%	89.0%	91.0%						
Grade 10	93.0%	92.4%	92.0%	89.7%	92.0%						
Grade 11	91.8%	90.7%	89.8%	87.6%	90.2%						
Grade 12	91.6%	90.3%	90.7%	88.0%	90.1%						
Post-Graduate	88.1%	95.2%	89.4%	96.7%	93.9%						
Kindergarten	94.7%	95.3%	94.0%	91.0%	93.5%						
Grade PreK	95.8%	95.0%	94.9%	92.1%	94.2%						
District Total	95.0%	95.1%	94.6%	92.7%	94.4%						

### District Attendance Percentage



**Indicator 2. District annual dropout rate will not exceed 3%.  
(Report annually)**

**Data for each year is period to date**

	2009-2010	2010-2011	2011-2012	2012-2013	2013-2014
Oct. 1 <sup>st</sup> Enrollment	5638	5570	5692	5911	6123*
# of Drop-Outs	59	36	58	42	39
Drop-Out %	1.04%	0.65%	1.02%	0.71%	0.60%

\* Estimated Chelsea Enrollment as of 10/1/2013

**CHS Programmatic Breakdown this year to date**

CHS Enrollment	Regular Ed Students	Sped Students	ELL Students
Oct. 1 <sup>st</sup> Enrollment**	1004	140	266
# of Drop-Outs	24	4	10
Drop-Out %	2.4%	2.9%	3.8%

\*\* CHS est. enrollment as of 10/1/2013

**12/1/2013-12/31/2013**

- 2 students have withdrawn
- 2 Plans or Location Unknown
- Sped = 2
- Grade 11 = 1
- Grade 12 = 1

**Indicator 3. Using the Early Warning Indicators, students identified at-risk for dropping out at all levels, elementary, middle and high school, will decrease at least .5% each quarter or 2% per year.**

*Early Warning Indicators - % at High Risk*

Grade Level	2010-11	2011-12	2012-13	2013-14 Q1	2013-14 Q2	2013-14 Q3
Elementary	8.11%	3.3%	6.4%	4.0%		
Middle	3.86%	5.9%	5.8%	3.8%		
High School	5.63%	6.1%	5.0%	4.4%		



**Indicator 4. Less than 8% of CHS students will be retained and less than 10% will fail at least one class in grades 9 and 10.**

- In 2010-2011, 146 students were retained (divided by CHS Oct. 1 enrollment of 1,353) for a retention rate of 10.8%.  
In 2010-2011, there were 795 ninth and tenth graders who received a final grade in a core course. 362 of them failed at least one course (45.5%).
- In 2011-2012 369 Grade 9 students - 86 retained (23%) and 360 Grade 10 students - 73 retained (20%).
- In 2012-2013 413 Grade 9 students - 56 retained (13.6%) and 363 Grade 10 students - 43 retained (11.8%).
- In 2013-2014 412 Grade 9 students - 77 retained (18.7%) and 342 Grade 10 students - 58 retained (16.9%).

**Quarter 1 Grades 2013**

Grade	Total # of students	1 failing grade	2 failing grades	3 failing grades	4+ failing grades	Total %
9	448	90	53	55	52	56%
10	351	65	46	34	38	52%

**Quarter 1 Grades 2012**

Grade	Total # of students	1 failing grade	2 failing grades	3 failing grades	4 failing grades	Total %
9	413	62	35	29	68	47%
10	358	62	43	37	57	56%

**Indicator 5. The percentage of students in grades 5, 6 and 10 who score advanced or proficient on Math MCAS will increase by 2% or more each year.**

**(Report yearly)**

Grade Level	2007-08 Adv&Prof Pct	2008-09 Adv&Prof Pct	2009-10 Adv&Prof Pct	2010-11 Adv&Prof Pct	2011-12 Adv&Prof Pct	2012-13 Adv&Prof Pct
Grade 5	30%	28%	25%	42%	35%	31%
Grade 6	38%	35%	37%	37%	47%	32%
Grade 10	44%	43%	39%	51%	54%	57%

**Indicator 6. 80% of middle school students will read at a Lexile level of 955 or higher by the end of Grade 7.**

**(Report on 3 times per year with SRI results)**

Year	Fall	Winter	Spring
2011-2012	26.3%	25%	38%
2012-2013	20%	35%	42%
2013-2014	23.6%		

**Indicator 7. 80% of elementary students will score a 24 or higher on the DIBELS Daze by the end of Grade 4.**

**(Report on DIBELS 3 times per year)**

Year	Fall	Winter	Spring
2011-2012	1%	22%	35%
2012-2013	8%	23%	40%
2013-2014	7%		

**Indicator 8. By June of each school year, 95% or more of Kindergarten students will score in the "Proficient" or "In Process" range on the Phonemic Segmentation Fluency DIBELS subtest (less than 5% will be identified as "at-risk" in Phonemic Segmentation Fluency).**

**(Progress monitored every 3-4 weeks)**

	At risk	Some risk	Low Risk
2012	9%	11%	81%
2013	10%	9%	81%
2014			

**Indicator 9. 50% of Chelsea High School students in AP courses will attain a 3, 4, or 5. 2011 Goal 50%**

	2008-2009	2009-2010	2010-2011	2011-2012	2012-13	2013-14
Enrolled in AP Courses	192	227	252	301	340	396
AP tests taken	192	237	244	288	340	
# of Students scored a 3, 4, or 5	90	97	78	98	114	
% of Students scored a 3, 4, or 5	47%	41%	32%	34%	34%	

**Indicator 10. Student Mobility - Monthly transfers into and out from the school system after the first day of school**

	Sept 30		Oct 31		Nov 30		Dec 31										TOTAL	
	In	Out	In	Out	In	Out	In	Out										
ELC (K only)	16	7	6	11	7	5	4	7										69
Elementary	51	25	9	18	13	13	7	10										152
Middle School	31	29	17	10	11	8	9	13										117
High School	63	55	25	24	9	23	8	15										221
District Total	161	116	57	63	40	49	28	45										559

\*District-wide mobility rate (sum of transfers in and transfers out divided by estimated October 1<sup>st</sup> enrollment (6123)) is 9.1% year to date.

**Student Mobility Rate September 1 - June 30 (10-month calculation)**

	1996	1997	1998	1999	2000	2001	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013
Rate	30.0	32.0	32.4	33.7	33.5	23.9	36.0	28.6	37.5	23.6	32.0	28.5	25.0	24.8	17.0	20.0	17.6	20.6



## **School Committee**

### **DRAFT MINUTES OF THE BUDGET AND FINANCE SUBCOMMITTEE MEETING**

December 19, 2013

The Budget and Finance Subcommittee met on Thursday, December 19, 2013 in the 3<sup>rd</sup> floor Conference Room, City Hall, 500 Broadway, Chelsea.

**Members Present:** Subcommittee Chair Lisa Lineweaver, Lucia Colon

**Also Present:** Executive Director of Administration and Finance Gerry McCue,

**Call to Order:** The meeting was called to order at 6:10 p.m.

#### **New Business:**

**Review of Budget Transfers:** The Committee reviewed the budget transfer requests for the current period, including two that need approval of the committee:

1. Transfer of funds from contracted services networking to Networking IT to cover unanticipated expenses for relocating some fiber optic wires on Spruce Street.
2. Transfer from text books and instructional supplies to central IT hardware to cover purchase and installation of Epson Bright Link (smart boards? Projectors?) for the Hooks School.

The subcommittee recommends approval of these transfers.

#### **Review of Grants**

The subcommittee reviewed a private grant received by Ms. Hubert at the Sokolowski School from assorted private donors at DonorsChoose.com which will provide \$4,102.57 worth of technology for use at the Sokolowski School to enable students' access to rich literature and to science and technology manipulative materials. The subcommittee recommends this grant for approval.

#### **FY15 Enrollment and Budget Projections**

The subcommittee examined preliminary enrollment projections, which anticipate an increase of 221 students, or 3.6%, to 6,461 students, continuing the trend from this year, which enrolled 237 more students than the prior year.

Mr. McCue presented the projected new spending proposed as part of the preliminary budget, which totals up to \$5,461,307, roughly \$2.5M above the initial income forecast. The proposed new spending would support several priorities, such as reducing class size, promoting educator evaluation and support, strengthening student support for the autism strand at elementary complex, Common Core/PARCC alignment, as well as absorbing changes to base budget such as increased contract and benefit costs.

Mr. McCue anticipates presenting updated projections of new spending at the January Finance Committee, which will form the basis for the upcoming school committee budget presentations to the various school site councils.

**Adjournment:** The meeting adjourned at 7:28 p.m. The subcommittee's next meeting will be held on January 16, 2014 at 6:00 p.m. in the third-floor conference room.

## HUMAN RESOURCES SUB-COMMITTEE

### MEETING MINUTES

A meeting of the Human Resources Sub-Committee was held on Wednesday, December 12, 2013, at 6:45 p.m. at Chelsea City Hall. Present were Ed Ells, Rosemarie Carlisle, and Ana Hernandez, along with Tina Sullivan and Dr. Mary Bourque.

The meeting was called to order at 6:55 p.m.

Ms. Sullivan informed the committee that preparations were underway to plan the process for upcoming negotiations with all the collective bargaining units in the District. Letters from the respective units requesting negotiation dates will be forthcoming and she will keep the Committee informed. More information will likely be presented at the January retreat.

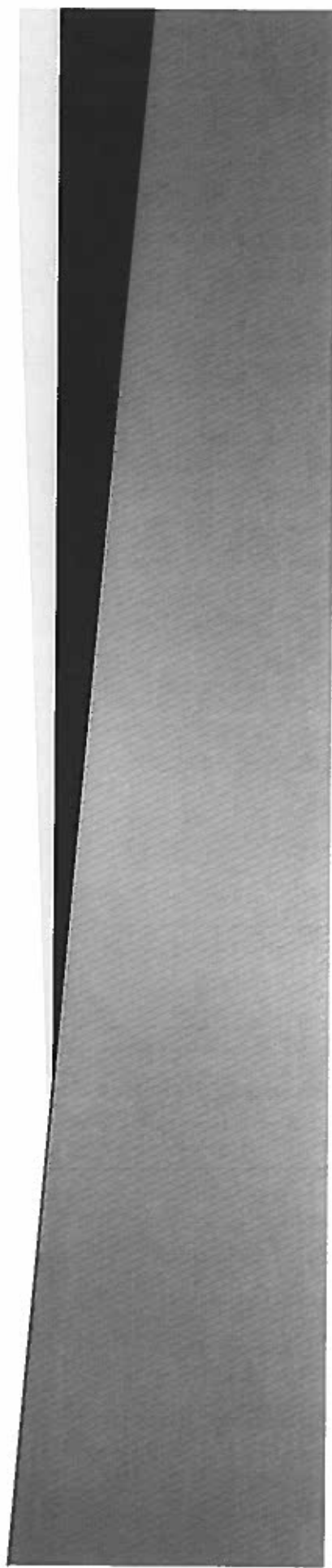
Dr. Bourque updated the committee on a couple of grievances that may be presented to the Committee over the next several weeks. She was certain that one grievance with respect to the teacher evaluation process and the rubric used for that process will likely come before the Committee in January. Tentative date for that grievance hearing was set for January 9, 2014.

Dr. Bourque also reviewed with the Committee the need to do an interim evaluation for her in order to comply with DESE regulations and reporting. Although current cycle that the full committee had approved reflects a two year cycle, she recommended an interim assessment in June so that DESE reporting will not reflect a failure to evaluate. Sub-committee approved the recommendation.

Meeting adjourned at approximately 7:30 p.m.

# **Wellness Advisory Committee**

**January 9, 2014**



# Why Wellness Committees?

- ▶ **2004 Child Nutrition and Women Infants and Children Reauthorization Act:**

- Required any school districts receiving federal nutrition funds (free breakfast/lunch) to create a **wellness policy** by 2006
- **Wellness Policies** ensure consistency and accountability across districts





# Development of Wellness Policies

## Recent Legislation

### Healthy, Hunger Free Kids Act (HHFKA) 2010

- ▶ Federal law that expands wellness policy expectations
- ▶ Increased community participation in development, monitoring and implementation of wellness policy
- ▶ Revised requirements for school meals program

### MA “An Act Relative to School Nutrition” 2010

- ▶ Standards for competitive foods and beverages
- ▶ Requires formation of Wellness Committee



# Why Wellness Committees?

- ▶ Growing numbers of children come to school with health-related problems and engage in negative health behaviors that sap their motivation to learn, endanger their health, and threaten their future.  
– *Council of Chief State School Officers*
- ▶ “Schools could do more than perhaps any other single institution in society to help young people, and the adults they will become, to live healthier, longer, more satisfying, and more productive lives.”

– *Carnegie Council on Adolescent Development*



# Chelsea Schools have a unique and compelling opportunity to improve the health outcomes of the next generation.

- ▶ 54% of Chelsea students are obese/overweight (2009–2010 school year)
  - Chelsea's rates are significantly higher than state/national averages: 34.3% of MA students and 19% of U.S. children ages 6–11 are overweight or obese
- ▶ Research demonstrates that eating patterns established in childhood often carry over into later life
  - Approx 86% of Chelsea students are eligible for free lunch
  - Free Breakfast is offered to all students

# Wellness Committee Members

## FEDERAL HHFKA REGULATIONS

- School Health Professionals
- Physical Education Teachers
- School Food Authority Reps
- Parents
- Students
- School Board \*\*\*
- School Administrations \*\*\*
- The Public

## MASSACHUSETTS REGULATIONS

- School Nurses
- Physical Activity Staff
- School Nutrition Staff
- Parents
- Students
- School Committee Member \*\*\*
- Community Agency Serving Youth

## RECOMMENDED MEMBERS

- Local Board of Health Representative
- School Physicians
- Local health care providers, hospitals



# Wellness Committee Members

- ▶ Mary Bourque, Chelsea Public Schools Superintendent
- ▶ Barbara Martin, Chelsea Public Schools Business Manager
- ▶ Hannah Finnigan, MGH Healthy Chelsea School Coordinator
- ▶ Melissa Dimond, MGH Manger of Community Health Initiatives
- ▶ Jordan Hampton, Student Health Center
- ▶ Ashley Coleman–Fitch, CHS Health Teacher
- ▶ Christine Chiminello, Hooks Health/Science Teacher
- ▶ Jay Seigal, CPS Physical Education Department Head
- ▶ Sarah Nelson, MGH Chelsea Pediatrician
- ▶ Ian Kay, Aramark
- ▶ Gerry Dawson, Aramark
- ▶ Jack Purdy, Aramark
- ▶ Catherine Maas, Chelsea Department of Public Health
- ▶ Gina Centrella , Jordan Boys and Girls Club
- ▶ Sylvia Ramirez , CUDE
- ▶ Kathleen Bray , REACH

# CPS Wellness Committee 2013-2014

To establish a comprehensive plan for, evaluate and monitor:

- **School Food Services and other foods available on campus**
- **Nutrition Education and Promotion**
- **Physical Activity during the school day (including but not limited to Physical Education**
- **Other Health Promoting School-Based Activities**



## District wide Collaborative Achievements School Food Services (Aramark)

- ▶ In compliance for reimbursable and competitive foods
- ▶ Fresh Fruit and Vegetable Program (provided at Berkowitz and Kelly Elementary Schools)
- ▶ Aramark employees sit on the Wellness Committee
- ▶ Free Water available in Cafeteria



# School Food Services at CHS

- ▶ Achievements:
  - Ongoing Collaboration with Healthy Chelsea Internship, Youth Food Movement (YFM) Launched February 2013
  - Baked Chicken entrée offered weekly
  - Hummus taste test and vegetarian wrap now on menu
  - Weekly meeting between the Healthy Chelsea Coalition's School Coordinator and Assistant Food Service Director (Ian Kay)
  - Fresh Fruit Cup offered daily for \$1.00
  - Fruit smoothies will be sold Tuesday and Thursdays for \$1.00 Starting January 7, 2014



# School Food Services at CHS

- ▶ Agreements in Progress
  - Add at least two more minimally processed, nutritionally dense entrees to menu
  - Aramark will inform School Coordinator so these may be promoted through media and school announcements
  - Assistant Food Service director will meet with YFM Interns once per month
  - Aramark will use monitors to advertise menu
  - Aramark will send monthly sales data to be analyzed by Project Bread

# School Food Services at CHS

- ▶ Goals:
  - Take Chicken Patty off menu on days when baked chicken is served
  - Increase offering highly nutritious items while decreasing the frequency of less nutritious “staple” items
  - Demonstrate through sales data and qualitative feedback that healthy items will sell with proper marketing and consistent offering
  - Reduce French fry intake by not offering daily
  - Increase lunch participation from 46% to at least 50%



# Nutrition Education and Promotion

- ▶ Healthy Chelsea School Coordinator and High School Health Teacher are leading the Wellness Committee's efforts to map required and supplemental nutrition curriculum. The Committee will produce a report that highlights strengths and weaknesses across the district.



# Physical Activity Initiatives in Progress

- ▶ Fit Minutes – Daily physical activity that takes place in the classroom in Elementary Schools and Early Learning Center
- ▶ Playworks – *Recess 360* in Kelly School. Logistics are being worked out to expand model to other elementary schools.
- ▶ Walking School Bus– 1<sup>st</sup> route will be piloted April 2014



# Physical Activity Goals

- ▶ Put policy in place so that recess is not withheld as a punishment
- ▶ Increase to 30 “Fit Minutes” per day at Elementary and 15 minutes at ELC
- ▶ Support expansion of “Fit Minutes” to the Middle Schools
- ▶ Address challenges inherent in the decrease of Physical Education at the elementary level and the Quarterly PE schedule at some Middle Schools



## **Currently Under Consideration: Massachusetts Physical Activity and Physical Education for Healthy Kids Act**

**To Ensure Physical Activity, schools will be required to provide a minimum of 30 minutes a day of physical activity in K-8 grades**

- **This may be through regular physical education, recess, classroom energizers, or other curriculum based physical education activity program.**
- **Schools may not use physical activity as a punishment nor withhold opportunities for physical activity as punishment.**



# Request for Consideration

- ▶ Unresolved Bake Sale Policy:
  - Under the Massachusetts Act Relative to School Nutrition 2010.
    - Chelsea School Committee Meeting May 31, 2012: *“Items sold in the High School store or for school fundraisers would have to comply with [competitive food] regulations”*
    - *“Recommended: hold until revised regulations are available.”*
- ▶ MA Schools are implementing Bake Sale Policies on a voluntary basis. The Wellness Committee recommends that the Chelsea School committee do the same.
- ▶ The Wellness Committee would be happy to prepare a briefing packet for a future vote.